

GOOD NEWS

Saint Saviour's Center Newsletter

Fall 2015

CELEBRATE WITH US

THE DIFFERENCE IS YOU!

Celebrate Saint Saviour's Center! is coming up soon, so be sure to save the date — Nov. 20 — as this popular event returns to the Contemporary Art Museum in downtown Raleigh.

The festive night is a chance for friends to gather in support of the Center's work. The event, led by co-chairs Susan Wyche and Dana Brown, will feature drinks, appetizers and an eclectic dinner from Posh Nosh. And of course there will be a live auction and raffle drawing.

This year's theme is "The Difference is You!" and the party underscores the vital role volunteers and supporters play in the life of Saint Saviour's. *Celebrate Saint Saviour's Center!*, always a classy event, plays a vital role in helping the Center provide services to those in need throughout the year. The event regularly draws a wide variety of people and raises thousands of dollars for Saint Saviour's Center.

"We are excited to chair the Saint Saviour's Center event this year to raise much-needed funds to help support the important outreach ministries and programs at the Center," said Wyche and Brown.

"Believing in the difference that

dedicated, caring individuals can make in the life of those in need in our community, we want to help bring awareness to and help fund important programs at SSC including *The Diaper Train, Healthy Living for Seniors, Wake Relief, Meals on Wheels, and Community Music School.*

"We believe in these programs as we have seen the appreciation and thankfulness on the faces of mothers and fathers as they receive the diapers needed for their babies and the food needed to provide a home-cooked meal for their family."

The co-chairs said the event is a great way for people to show support for the Saint Saviour's Center services that provide basic needs like food, health education and infant and senior care for people in our community.

"We hope you can join us on Nov. 20 to support Saint Saviour's Center and those in need," Wyche and Brown said. "Remember, the difference is you!"

Be sure to check your mail box for invitations, or go to the website **SaintSaviourCenter.org** to get tickets for the event.

Save the Date...

Celebrate Saint Saviour's Center!

Friday, Nov. 20

6:30 p.m.

Contemporary Art Museum
(CAM)

409 W. Martin Street
Raleigh, NC

Proceeds will benefit low-income families and seniors in Wake County

The Difference is You!

Ticket Information

Event: \$85 per person

Raffle Tickets: \$15 each

Purchase online at
SaintSaviourCenter.org

or by check to:

Saint Saviour's Center
616 Tucker Street
Raleigh, NC 27603

Sponsorships are available. Call our office at 919-833-6400, ext. 201.

Leadership

Our Mission

Saint Saviour's Center is a community outreach ministry that addresses largely unmet needs of low-income residents of Raleigh and Wake County by easing burdens such as aging, poverty, hunger and homelessness.

2015 Board of Directors

PRESIDENT

Marshall Lamb

VICE-PRESIDENT

Hunter Wyche

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TREASURER

Al Conyers

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John Cella	Lee Ann Kennedy
Lee Hogewood	Kate Rivers
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Rev. James Adams, *Clergy*
Rev. Gloria Johnson, *Clergy*
Chris Mann, *Wake Relief*
Bryant Paris, *Legal Counsel*
Brad Rice, *Christ Church Vestry*

CONTACT US!

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919-833-6400

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Ext. 201
shayes@saintsaviourcenter.org

Administrative Office

Bob Herbert or Dave Simons
Ext. 200
operations@saintsaviourcenter.org

Diaper Train Volunteer Line

Allene Adams or Cameron Ellerbe
Ext. 222
diapertrain@saintsaviourcenter.org

Wake Relief Volunteer Line

Tina Glover
Ext. 225

The Five-Year Plan: Time to Execute!

MARSHALL LAMB, BOARD PRESIDENT



Last year, in this newsletter, I wrote about the formation of the Saint Saviour's Center's Five-Year Plan — a highly collaborative effort where a vision and strategy were developed for taking the center and its leadership to the next level. The Five-Year Plan described the need to tighten SSC's mission, to better define its place and purpose in the community, and to strengthen and grow its programs. The focus this year is building an execution plan around this vision.

The Saint Saviour's Center Board and executive director engaged the talents of moss+ross (www.mossandross.com) — a well-known and established firm in Raleigh and throughout the Southeast for strategic development consulting for the nonprofit community — to help us define the execution plan. Our new friends at moss+ross spent countless hours over the spring and summer reviewing Saint Saviour's Center records and documentation, meeting with the Board, and interviewing key donors and members of the community. I want to personally thank all of those who participated in the moss+ross study and plan development. Your time, enthusiasm and insight were invaluable and very much appreciated!

As of this writing, we are about to complete our work with moss+ross. We are reviewing the final drafts of the plans they have developed for us. We are very impressed with the quality of their work and the depth and extent of their feedback and recommendations. Needless to say, we have a lot of work ahead of us, but that is why we started with a five-year plan and not a five-month plan. However, immediately and most urgently, the moss+ross team has told us that in order to make progress on the execution plan, we must invest in building our staff to better support the programs and their leadership and build a healthy and solid donation income stream.

We must, therefore, focus urgently on expanding our capacity to fund two new staff positions: a development officer and a program coordinator. We need these positions to be filled quickly so we can make fast progress on the execution plan.

We are excited about the new direction we are taking Saint Saviour's Center and are serious about strategically moving toward the goals of the Five-Year Plan. *Please help us.* If the work of Saint Saviour's Center touches your heart; if you are enriched by the lives it affects; if you want to see it grow in prominence within our community, please help us with these capacity building efforts. Your donation will be an investment in the future of the programs of Saint Saviour's Center.

Development

Help Us Reach Our Financial Goal

Most funding for Saint Saviour's Center comes during the fall. Our goal this year is to raise \$80,000 by December. Come to our fall event, *Celebrate Saint Saviour's Center!*, or make your annual gift today. With your help, we can bridge the gaps in services for low-income residents in Wake County.



The Difference is You!

A New Direction

DANE HUFFMAN, DEVELOPMENT CHAIRMAN



Every week, families in need flock to Saint Saviour's for diapers and for food relief, services they simply cannot get anywhere else. The amazing Diaper Train ministry has exploded as the need to help young children only continues to grow. Sometimes it seems like the venerable Saint Saviour's Center is about to burst as the activity level rises.

That level of activity raises some profound questions and opportunities for Saint Saviour's as it seeks to widen its circle of impact. So Saint Saviour's Center asked moss+ross Consulting to evaluate its programs and give it suggestions on how it can continue to grow. No one understands non-profits and their potential better than moss+ross.

On Sept. 28, moss+ross met with the Saint Saviour's Board for a thorough review that was full of insights on the potential for the Center. The key theme was Saint Saviour's Center has a chance to grow even more, and the people it serves need our help.

The team from moss+ross pointed out that Saint Saviour's Center is addressing problems that are not met elsewhere — through programs like *The Diaper Train*, *Healthy Living for Seniors* and *Wake Relief* — but the needs are even greater, and Saint Saviour's can, and should, expand.

The consultants believe that the Board should hire a part-time program coordinator and a part-time development officer to help the Center blossom. Saint Saviour's Center has a splendid executive director in Sharon Hayes, but Sharon wears a variety of hats, often at once, and cannot do it alone. Expanding the staff would enhance the mission and make Saint Saviour's even more vibrant in the coming years.

Saint Saviour's wants your help as it looks to grow. Marshall Lamb, Hunter Wyche or I would be happy to speak with you about how you can help. Or, call Sharon Hayes at 919-833-6400, ext. 201 with questions.

DONATE TODAY!

Saint Saviour's Center depends on the generosity of our donors to help those in need. Here are some ways you can make a difference.

DO YOU WORK FOR A MATCHING GIFT COMPANY?

Saint Saviour's Center is a 501(c)(3) non-profit organization. The Center and its programs are eligible to receive corporate matching gifts.

IBM, Cisco, Blue Cross Blue Shield, State of North Carolina and others provide matching gifts to Saint Saviour's Center or The Diaper Train for their employees. Consider increasing your gift through your company's match.

For more information, contact Sharon Hayes at 919-833-6400, ext. 201 or shayes@saintsaviourcenter.org.

MEMORIAL AND HONOR DONATIONS

Send a contribution in memory or in honor of someone, and we will send a letter acknowledging your gift to the recipient you designate.

All proceeds go toward supporting families and seniors in Wake County and are tax deductible.

ARE YOU GETTING SSC E-NEWS?

Join our e-news mailing list, and receive monthly updates on the latest news, events and volunteer opportunities.

To sign up, send your name and e-mail address to Sharon Hayes at shayes@saintsaviourcenter.org.



Like us on Facebook!

What's Happening at SSC?

The Diaper Train



A busy Thursday morning at The Diaper Train



Nina Jones, one of our dedicated volunteers, helps with recycling.



Jane Allen and Meredith Indermaur fill families' requests for diapers.

Senior Programs



Women at Meals on Wheels formed a new jewelry-making group. They hosted a showcase of their creations in the Saint Saviour's Auditorium.



Wake Relief



Volunteers Jessie Oakley, Jan Hulsey and Kate Rivers work behind the scenes and with clients at Wake Relief.

A True Story

SHARON HAYES, EXECUTIVE DIRECTOR



Last month, Jill [not her real name] came to Saint Saviour's Center for advice. She knew Wake Relief provided groceries, so went to them, hoping they could help her with another critical need — clothing for a new job. Jill had received a job offer at McDonald's, but she couldn't start to work unless she had black pants and black shoes to wear with her uniform, and she had no money to buy them.

Saint Saviour's Board members Kate Rivers and Michele Murphy were volunteering at Wake Relief that day, and they immediately began making phone calls, looking for an agency that provided clothing in a hurry.

While they were on the phone, Jill asked me about housing, "Do you know any place where I can find an apartment? I'm homeless and having a hard time finding a place. I'm on several waiting lists, but there are many people who are also waiting."

I asked her if she was staying in a shelter. She confided, "I'm staying with my daughter temporarily, but I'm not supposed to be there. She lives in subsidized housing, and I'm afraid she'll get evicted if anyone finds out."

Jill added, "There's a need for more shelters for women. Most homeless people don't want to be homeless — they just need a chance to get back on their feet."

About that time, Kate hung up the phone and asked, "How did you get here today?" The answer: "By bus." Kate followed up, "The Bargain Box has black pants in your size. Let's go." Then Kate drove Jill to the Bargain Box.

At Saint Saviour's Center, we often see people who come in for assistance with one need. But as we talk with them and listen to their stories, we learn that their needs are many.

We couldn't help Jill find an apartment that day, but thanks to the generosity of our community and caring volunteers like Kate and Michele, she was able to receive appropriate clothing so she could go to work and begin the long journey out of homelessness.

Community in Action

Cranes for Peace Tree

Our neighbors have been busy making origami cranes as a project for peace. Their goal: A thousand cranes.

They are members of the Glenwood South Neighborhood Collaborative who meet in local restaurants and pubs where they enjoy each other's company while they create tiny, colorful birds.

Their plan is to make at least 1,000 cranes for a large holiday tree at Carolina Ale House. The tree, named "Peace Tree," will be visible to all who visit Glenwood Avenue.

The Peace Tree will highlight Saint Saviour's Center as a beacon of hope within our own community. Business owners and residents are planning to collect food, diapers and children's books to help Saint Saviour's programs.

Lighting of the tree is scheduled for Saturday, November 21.



Origami cranes for
Glenwood South Peace Tree

Senbazuru is a group of one thousand origami paper cranes held together by strings. An ancient Japanese legend promises that anyone who folds a thousand origami cranes will be granted a wish by a crane. - Wikipedia



Neighbors fold cranes at the new Raleigh Beer Garden



Giving Back



The Knitting Pearls, part of the *Healthy Living for Seniors* program, have been meeting since 2009. They use yarn donated from local church groups to knit or crochet hats, scarves, blankets and other items for charity. At Christmas time, they donate the items to a charity of their choice. Past donations have gone to children's groups, women's shelters, rehab centers and even troops overseas.

Haywood Dinner Honors Al Moore

At the 2015 Edgar Haywood Society Dinner, the Saint Saviour's Board recognized The Reverend Al Moore for his outstanding leadership and service to Saint Saviour's Center.

Al has served as a Board member, program leader and event planner. He spearheaded the Annual Chili Cook-off, where churches and non-profits come to SSC to share in fellowship and friendly competition.



Al and ErNSTein Moore

He also was also instrumental in starting the Spiritual Support program for residents of Glenwood Towers and Carriage House.

Al and his wife ErNSTein have been active volunteers at Saint Saviour's Center since it began in 2001. They continue to be faithful servants in the Episcopal church, expressing their faith through care and nurture of those in need. We are thankful that they have chosen to share their gifts at Saint Saviour's Center.

Sounding Board

Question to Seniors

We asked participants in *Meals on Wheels* and *Healthy Living for Seniors* programs...

"What's it like coming to Saint Saviour's Center?"

Answers:

We're having fun.

It's absolutely marvelous!

Awesome!

A blessing.

Since I've been coming, I've been happier instead of depressed.

It feels good to be out of the house and enjoying the people.

You don't have to do anything, except show up.

A safe haven.

It seems like the place to be.

Favorite Quotes

Donna Belt, neighbor and friend to Saint Saviour's Center, brings people together through art and poetry. She asked people at SSC to share a quote for the Glenwood South Poetry Wall. The following quotes were posted last November.

Marshall Lamb, Board President

"We are the music makers and we are the dreamers of dreams. Yet we are forever movers and shakers of the world, it seems."

- Arthur O'Shaughnessy

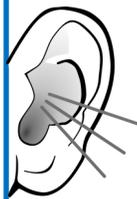


Bob Herbert, Administrative Volunteer

"Life is like riding a bicycle. To keep your balance, you have to keep moving." - Albert Einstein

Wake Relief Volunteer

"We all hang together, or surely we all hang separately." - Benjamin Franklin



Diaper Train Volunteer

"As Jesus often said, 'Let those who have ears to hear, hear.'" - From Sensible Shoes by Sharon Garlough

Community Music School Student

"Every time I learn something new, it makes me want to learn more."



"The Diaper Train has helped me a lot. I work as a cashier, and when my hours get cut, I can come here for diapers. I don't come every month, just when I really need to." — Diaper Train client

Ways You Can Help

Volunteer Opportunities

The Diaper Train

The Diaper Train distributes baby diapers to families in need. Current volunteer openings include:

- **Volunteer for Tuesday or Thursday mornings.** Work with a team to distribute diapers to families from 9:45 to 12:15.
- **Diaper Drive Coordinator.** Provide information for diaper drives, and schedule deliveries to SSC.
- **Children's Book Drive Organizer.** Schedule book drives, receive books and assist volunteer groups in stocking bookshelves.

Contacts: Allene Adams at capecooley@aol.com or Cameron Ellerbe at cellerbe@me.com, 919-833-6400, ext. 222

Healthy Living for Seniors

Volunteer facilitators are needed for a new discussion class, **Aging Gracefully**. We're looking for speakers with various backgrounds and experience to facilitate a discussion.

Topics include Humor, Forgiveness, Positive Relationships, Prayer and Meditation, Financial Management, Legal Issues, Active Lifestyle, Nutrition and Health. Classes meet on Tuesday and Thursday mornings.

Contact: Sharon Hayes at shayes@saintsaviourcenter.org, 919-833-6400, ext. 201

Wake Relief

Wake Relief volunteers provide emergency groceries food for families in need. Most volunteers work one shift per month. You can choose one or more shifts, as fits your schedule. Available shifts:

Mornings, 10:00-12:00

5th Wednesday

2nd, 3rd and 4th Friday

Afternoons, 1:00-3:00

2nd, 3rd, 4th and 5th Monday

1st and 5th Tuesday

Contact: Tina Glover at tinag@nc.rr.com, 919-833-6400, ext. 225

"I don't know what my family would have eaten tonight if it weren't for you. Our cupboards are bare." — Wake Relief client



The Diaper Train needs diapers, wipes and children's books.

We also accept financial donations to purchase items most needed. Donate online, or make checks payable to Saint Saviour's Center and write "Diaper Train" in the memo line.

Contact Allene Adams at capecooley@aol.com.

Learn more about The Diaper Train at DiaperTrain.org.

Wish List

Families at Saint Saviour's Center need:



- Baby diapers, any size
- Wipes
- Children's books, ages 0-5
- Canned or non-perishable food

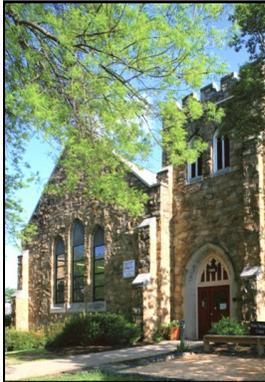
Drop off items in the main office Monday-Friday between 9:00 a.m. and 3:00 p.m.

Or, call to arrange a drop-off time.



Saint Saviour's Center
 616 Tucker Street
 Raleigh, NC 27603

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ADDRESS UPDATE

Is your name and address correct? Are you receiving more than one newsletter?

Please let us know. Call 919-833-6400.

MARK YOUR CALENDAR

Celebrate Saint Saviour's Center!

The Difference is You!

*Friday, November 20, 2015
 6:30 p.m.*

*Contemporary Art Museum
 409 West Martin Street, Raleigh NC*

Purchase tickets at **SaintSaviourCenter.org**,

or by check to:

Saint Saviour's Center
 616 Tucker Street
 Raleigh, NC 27603

Co-Chairs: Susan Wyche, susangwyche@gmail.com and Dana Brown, dana.l.brown@gmail.com